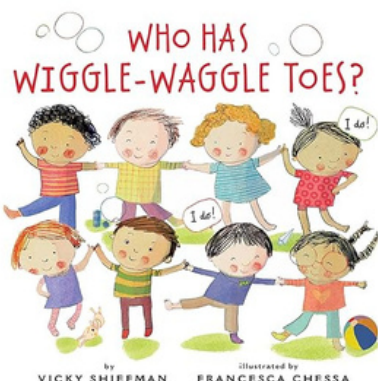


# KINDERGARTEN READINESS TIPS

## Try this picture book!



*Who Has Wiggle-Waggle Toes?*  
by Vicky Shiefman

## Grown-up Tip

Movement songs are a great way to build gross motor skills, helping children to become more coordinated by jumping, turning around, and reaching above their heads. Also kids may want to repeat movement songs and that's okay! Repetition provides children the opportunity to gain confidence in their abilities.



## My Two Hands

My two hands go clap, clap, clap  
(clap hands)

My two feet go tap, tap, tap  
(tap feet)

My two hands go thump, thump, thump

(thump hands on knees or side of your body)

My two feet go jump, jump, jump  
(jump in the air)

My one body turns around and it quietly sits down  
(turn in a circle and then sit down)

## Try this boardbook!



Written by  
Chihiro Ishizu,

Tip: Have your child do the movements along with the cat!

## Take a look at this!

Visit OC Public Library's Kindergarten Readiness webpage to see a video of this rhyme. Scan the QR code to find out more!



Orange County, CA  
**Public Libraries**  
Open Doors. Free Access. Community.