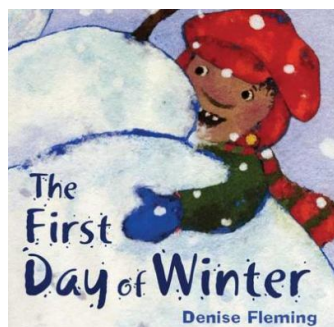


KINDERGARTEN READINESS TIPS

Read this book about winter!



The First Day of Winter
by Denise Fleming

Grown-up tip

Singing this song encourages children to get moving. A healthy body is essential to a strong mind. Healthy habits children develop at an early age stay with them for years to come. The catchy tune invites children to create their own verses with various body parts. Alternating between left and right sides of the body help reinforce the concept. Don't let the winter months keep you from physical activity. Get moving with your child on the Loop de Loop!



Loop de Loop

Here we go loop de loop
Here we go loop de lie
Here we go loop de loop
All on a wintry night.

You put your right hand in
You take your right hand out
You give your hand a shake, shake, shake
And turn yourself about.

Here we go loop de loop
Here we go loop de lie
Here we go loop de loop
All on a wintry night.

Create versus of your own, alternating left and right sides of the body.

You put your left foot in
You put your right hip in
You put your left knee in

Take a look at this!

Visit OC Public Library's Kindergarten Readiness webpage to see a video of this rhyme. Scan the QR code to find out more!



Try this nonfiction title!

Hello Winter by Shelley Rotner



Orange County, CA
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