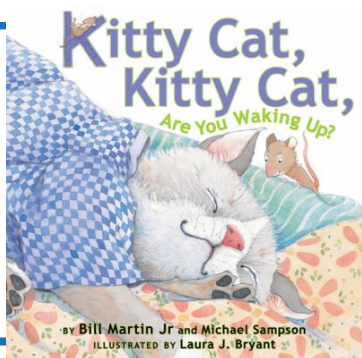


KINDERGARTEN READINESS TIPS

Read this book!

*Kitty Cat, Kitty Cat,
Are You Waking Up*
by Linda Ashman



Grown-up tip

Creating and sticking to a morning routine now can help your child with getting ready on time before school AND prepare them for the routines and schedules they'll be expected to follow once they are in the classroom. This is a wonderfully customizable rhyme that you and your family can change to reflect how you really prepare for the day. Do you read a story? Eat your favorite cereal? Make sure to get your child's suggestions as well. Add your morning activities and make this song yours!

Take a look at this!

Visit OC Public Library's Kindergarten Readiness webpage to see a video of this rhyme. Scan the QR code to find out more!



This is the Way I Wash My Face

This is the way I wash my face,
wash my face, wash my face.

This is the way I wash my face
so early in the morning.

Use your hands to "wash" your face

This is the way I brush my teeth,
brush my teeth, brush my teeth.

This is the way I brush my teeth
so early in the morning!

Act like your finger is your toothbrush

This is the way I comb my hair...

Pretend to run a comb through your hair

This is the way I put on my clothes...

Mime putting on a shirt and pants

Why not add a prop? Grab a handkerchief or scarf and use this song to teach body awareness: "This is the way I wash my elbow...my ankle...my shoulder..." and so on.

Try Non-Fiction

Keeping Clean
by Kirsten Chang



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