

KINDERGARTEN READINESS TIPS

Read this book!

Five on the Bed
by Addie Boswell



Grown-up tip

Playing with numbers in songs builds children's confidence in their ability to use and change numbers. It helps them understand that numbers are flexible and can be manipulated. They begin to see, through finger-play, that 10 is also $1+9$, $2+8$, or $5+5$. The ability to count backwards is a first step in understanding subtraction.

Be silly and keep the repetitious nature of the song fun by changing voices, volume, and speed as everyone rolls out of bed.



Ten in the Bed

chant or sing and count down from 10

*There were ten in the bed
and the little one said,
"Roll over, roll over."
So they all rolled over
and one fell out.*

*There were nine in the bed
and the little one said,
"Roll over, roll over."
And they all rolled over
and one fell out...*

*There was one in the bed
and the little one said,
"Good night!"*

Repeat from ten to one, counting with fingers. Roll hands and act out the fall until the little one is the only one left in the bed.

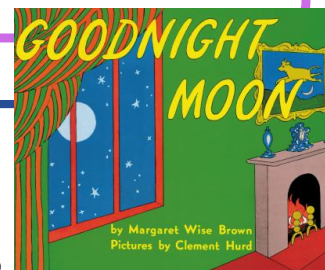
Take a look at this!

Visit OC Public Library's Kindergarten Readiness webpage to see a video of this rhyme. Scan the QR code to find out more!



Try this classic!

Good Night Moon
by Margaret Wise Brown



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