Giant Dance Party by Betsy Bird

Popcorn Kernels
(Tune: Frère Jacques)

Popcorn kernels, popcorn kernels
(wave scarf overhead)

In the pot, in the pot
(scrunch up the scarf in their fists)

Shake them, shake them,
shake them (shake scarf)

'til they POP, 'til they POP
(Toss scarf up into the air)

This song uses a scarf, but you can use a bandana, a t-shirt, or a napkin. Challenge your child by speeding up the song!

Research has shown that music and movement can benefit children under five by helping with everything from vocabulary acquisition to emotional regulation. Introducing scarves can be a fun way to expand creative expression and to work on hand-eye coordination, plus they're a low stakes way to practice throwing and catching.

Grown-up tip

Take a look at this!
Visit OC Public Library's Kindergarten Readiness webpage to see a video of this rhyme. Scan the QR code to find out more!

Try this classic!
From Head to Toe by Eric Carle

Rain on the Grass
Rain on the grass,
(shake scarf on floor)

Rain on the trees,
(shake scarf high)

Rain on the roof,
(hold scarf above head)

But not on me! (drop scarf)