

KINDERGARTEN READINESS TIPS

Read this book!

Giant Dance Party
by Betsy Bird



Popcorn Kernels

(Tune: Frère Jacques)

*Popcorn kernels, popcorn kernels
(wave scarf overhead)*

*In the pot, in the pot
(scrunch up the scarf in their fists)*

*Shake them, shake them,
shake them (shake scarf)*

*'til they POP, 'til they POP
(Toss scarf up into the air)*

This song uses a scarf, but you can use a bandana, a t-shirt, or a napkin. Challenge your child by speeding up the song!

Take a look at this!

Visit OC Public Library's Kindergarten Readiness webpage to see a video of this rhyme. Scan the QR code to find out more!

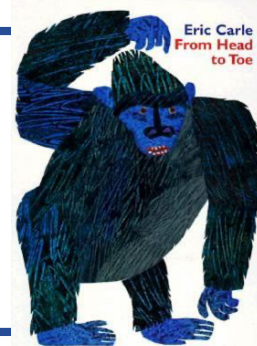


Grown-up tip

Research has shown that music and movement can benefit children under five by helping with everything from vocabulary acquisition to emotional regulation. Introducing scarves can be a fun way to expand creative expression and to work on hand-eye coordination, plus they're a low stakes way to practice throwing and catching.

Try this classic!

From Head to Toe by Eric Carle



Rain on the Grass

*Rain on the grass,
(shake scarf on floor)*

*Rain on the trees,
(shake scarf high)*

*Rain on the roof,
(hold scarf above head)*

But not on me! (drop scarf)



Orange County, CA

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