



Mental Health Services Act Steering Committee Meeting

September 10, 2012
Health Care Agency/
Behavior Health Services

Welcome

Sharon Browning,
Facilitator

New Members

- Fracisca Leal, alternate Hiromi Minikata
- Wade Slome, alternate Michelle Carlson
- Phi Loan Le
- Kevin O'Grady
- Marc Lerner

Your logo here

Local/State Updates

Mary Hale

Interim Director, Behavioral Health Services

FY 13/14 MHSA Planning Process

Bonnie Birnbaum, DrPH, JD
Mental Health Services Act Coordinator

Planning Process

- September 2012
 - Determine Process for Prioritizing new Innovation Projects and ask community for proposals.
 - WET and CSS stakeholders discuss the need for moving some CSS Funds to sustain WET programs.
- October 2012
 - Subcommittee Meetings (WET and CSS combined three-hour meeting, PEI separate meeting (1 ½ hours)
 - INN separate meeting to prioritize proposals.

Planning Process

- November 2012
 - Reports on FY 11/12 Budget, Expenditures, individuals served, and outcomes.
- December 2012
 - Subcommittees meet to decide recommendations for FY 13/14 Budget

Planning Process

- January 2013
 - Steering Committee considers recommendations from subcommittees
- February 2013
 - Staff drafts written Plan
- March 2013
 - Post Draft Plan for 30-day Public Comment period

Planning Process

- April 2013
 - MHB holds Public Hearing (after close of Public Comment).
- May 2013
 - Plan is considered by the BOS
- June 2013
 - Approved plan is sent to OAC for approval of INN component.

Integration of Spirituality and Behavioral Health

Sheryl Curl, MFT, RN, Administrative Manger
Center of Excellence

"Human beings are of such nature that they should have not only material facilities but spiritual sustenance as well. Without spiritual sustenance, it is difficult to get and maintain peace of mind"

~ Dalai Lama

History

- Visions of Dr. Chau and Mark Refowitz
- In June of 2008, numerous County authorities in California contributed funds to launch a Spirituality Initiative based in the Center for Multicultural Development at the California Institute for Mental Health in Sacramento (CIMH)

Goals of the Initiative

- Increasing awareness of spirituality as a potential resource in Mental Health wellness, recovery, and multicultural competency
- Encouraging collaboration among faith-based organizations, Mental Health Service providers, consumers, family members, and communities in combating stigma and decreasing disparities in access to services for diverse populations

APA Code of Ethics

- Religion is a multicultural issue along with age, gender, race, ethnicity, and sexual orientation
- Unethical not to address

Center of Excellence Spirituality Committee

- Dr. Pickering
- Hieu Nguyen, LCSW
- Negar Doroudian, MFT

Mission Statement

Provide Culturally Competent Health Services by Including the Integration of Behavioral Health and Spirituality

Goal

- Educating Health Service Providers on the Importance of Integrating Spirituality with Behavioral Health as a component of the Recovery Process

Advisory Board

- The Spirituality Advisory Board includes clergy of different faiths, educators, physicians, and multidisciplinary Behavioral Health Providers

Monthly Trainings

- First began in December, 2011 with Spirituality and Sexuality featuring the LGBTIQ population.
- Other monthly trainings have included: Spirituality Integration, Islam and Spirituality; Zoroastrian Religion, Philosophy, and Culture; Assessing and Addressing Religion and Spirituality in the Clinical Context: Resources and Roadblocks; Introduction to Mindfulness, Kinetic Mindfulness, Judaism and Behavioral Health, Integrating Spiritual Interventions for the Catholic/Christian client

Orange County's First Spirituality Integration Conference

October 4, 2012

8:00 a.m. – 4:30 p.m.

Delhi Center

505 E. Central

Santa Ana, CA

Conference Details:

Keynote Speakers: Dr. Gloria Morrow and Dr. Edward Shafranske, nationally renowned psychologists, authors, and educators on the topic of Integrating Spirituality and Behavioral Health

Workshops include: Intro to Mindfulness; Spirituality Assessment, and Discussion of Religion vs. Spirituality; Consumer Panel Discussion; and Multidisciplinary Case Discussion

Statistics

- Gallup 2011 states, 9 in 10 Americans continue to believe in God
- Down only slightly from the 1940s
- Only 13% of training directors in the US include a course focusing on religion or spirituality in grad school.
- Many clinicians taught not to touch this area in the past, now a change to the recovery movement and Positive Psychology; focus on positive emotions, character strengths, and developing resource to achieve personal happiness.

BREAK

Please enjoy the refreshments and return to your seat in 15 minutes.

MHSA Subcommittee Co-Chairs Reports

- **1. Helen Cameron – CSS Adults and Older Adults**
- **2. Daria Waetjen & Christopher Bieber – PEI**
- **3. Kelly Tran – CSS Children and TAY**
- **4. Denise Cuellar and William Gonzalez – WET and Innovation**

MHSA Steering Committee
Guidelines

2nd Reading of the MHSA Steering
Committee Guidelines.

**Committee Member
Comments**

Sharon Browning,
Facilitator

Public Comments

Sharon Browning,
Facilitator

October Meetings

October 1, 2012

**CSS Adults/Older Adults,
CSS Children/TAY, & WET**

1:00 p.m. -4:00 p.m.

PEI

1:00 p.m. – 2:30 p.m.
