



COUNTY OF ORANGE – HEALTH CARE AGENCY

PRESS RELEASE

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FREE “SIDEWALK CPR” TRAINING Skills to Help Save a Life

(Santa Ana) - As part of National CPR Week, June 1-7, the Health Care Agency and the American Heart Association are coordinating a countywide public education effort, “Sidewalk CPR” on Thursday, June 7. The community is being asked to take 10 minutes to learn how to respond to sudden cardiac arrest and give effective, “hands-only” CPR. There are [25 “Sidewalk CPR” locations in Orange County](#). The event is free, and participants will be provided with free educational materials.

“Approximately 74% of cardiac arrests happen at home and potential survival depends on immediately calling 911 and starting CPR,” said Dr. Samuel Stratton, Medical Director of HCA Emergency Medical Services. More than 300,000 people will die from out-of-hospital cardiac arrest this year. “Immediate CPR can substantially improve a cardiac arrest victim’s chance of survival.”

“Sidewalk CPR” is made possible by the many city and community partnerships, including: Fountain Valley, Mission Viejo, Laguna Hills, Irvine, Tustin, Garden Grove, Lake Forest, Costa Mesa, Newport Beach, Huntington Beach, San Juan Capistrano, Orange, Santa Ana.

To learn more about “Sidewalk CPR” and the Health Care Agency Emergency Medical Services, please visit www.ochealthinfo.com.

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