



County of Orange Health Care Agency
Behavioral Health
Adult Mental Health Services
Older Adult Services

Jenny Hudson, LCSW, Program Manager
Eleni Hailemariam, MD, Associate Medical Director
Dan Conditt, LCSW, Service Chief I

June 2012

Behavioral Health Services
For Older Adults

County Operated Programs:

Health Care Agency, Behavioral Health, Adult and Older Adult Outpatient Services

- Senior Health Outreach & Prevention Program (SHOPP)
- Substance Abuse Resource Team (START)
- Older Adult Mental Health Recovery Services Program
- Older Adult Program for Assertive Community Treatment (PACT-OAS)

Mission of HCA Behavioral Health
Older Adult Services

It is the mission of Older Adult Services to provide behavioral health services to serious mentally ill older adults living independently in Orange County who are experiencing acute and/or chronic behavioral health problems which, without intervention, leads to homelessness, hospitalization and loss of independence, and who are unable to seek assistance from other service providers.

Health Care Agency, Adult Mental Health, Older Adult Services

Staff of HCA Older Adult Services

- 13 Clinical Social Workers
- 3 Marriage & Family Therapists
- 4 Mental Health Specialists
- 2 Psychiatrists
- 1 Geriatric Pharmacist
- 1 Nurse Practitioner
- Behavioral Health Nurse
- 3 Life Coaches (Peer Counselors)
- 4 Office Support Staff
- 2 Service Chiefs

4

Collaborating Public Health Staff

- Public Health Nurses from Public Health Department co-located with OAS
- Public Health Nurses work in collaboration with our SHOPP and START teams
 - 5 Part-time PHNs
 - 6 Full-time PHNs
 - 2 Office Support
 - 2 Supervising Public Health Nurses

5

Health Care Agency, Adult Mental Health, Older Adult Services

Senior Health Outreach & Prevention Program (SHOPP)

- Funded through Tobacco Settlement Revenue
- An assessment, engagement, and linkage program for older adults in the community who have unmet medical needs and mental health symptoms which severely impact their ability to function independently.
- OAS works in collaboration with HCA Public Health

Outreach and Engagement

Behavioral Health Crisis Intervention, Assessment Linkage to Community Resources

Health Screening in Home

Health Education Tobacco Education

6

Health Care Agency, Adult Mental Health, Older Adult Services

Substance Abuse Resource Team (START)

- Funded through block grant from SAMHSA
- In-home services for older adults who have a serious mental illness and co-occurring substance abuse disorder
- A collaborative program with HCA Public Health
- 2 Care Coordinators

Confidential Consultation Medication Reviews
 One-to-one counseling Referrals to community services
 Coordination with health providers Home Visits
 Info & linkage to treatment programs Education

7

Health Care Agency, Adult Mental Health, Older Adult Services

Older Adult Mental Health Recovery Services Program

- Funded through Mental Health Services Act
- Field based mental health, case management and medication services to older adults with serious and persistent mental illness

Behavioral Health Assessment & Services:
 counseling/behavioral health therapy
 case management medication management
 linkage to community resources

8

Health Care Agency, Adult Mental Health, Older Adult Services

Program for Assertive Community Treatment (PACT) OAS

- Funded through Mental Health Services Act
- Field based mental health services for older adults with serious and persistent mental illness who have been psychiatrically hospitalized and/or incarcerated in the previous year, or who call 911 persistently, or who have frequented the ER for psychiatric purposes.

Individual, family, group therapy
 Engagement Substance abuse treatment
 crisis intervention hospital diversion
 intensive case management medication management
 linkage to community resources

9

Admission Criteria required to be served by START, Recovery, OAS PACT

1. "Included" Diagnosis
2. Significant impairment in an important area of life functioning
3. Focus of intervention is to address the impairment
4. The individual will benefit from proposed intervention
5. The condition would not be better treated by physical health care based treatment

10

Included Diagnoses

- Schizophrenia & other Psychotic Disorders
- Mood Disorders
- Anxiety Disorders
- Somatoform Disorders
- Factitious Disorders
- Dissociative Disorders
- Gender Identity Disorders
- Eating Disorders
- Impulsive-Control Disorders not otherwise classified
- Adjustment Disorders
- Personality Disorders, excluding Antisocial Personality Disorder
- Medication-Induced Movement Disorders

An individual may receive services for an included diagnosis when an excluded diagnosis is also present

11

Excluded Diagnoses

- Mental Retardation
- Learning Disorders
- Motor Skills Disorders
- Communication Disorders
- Autistic Disorder
- Tic Disorders
- Delirium, Dementia, Amnesic and other Cognitive disorders
- Mental Disorders due to a General Medical Condition
- Substance-related Disorders
- Sleep Disorders
- Antisocial Personality Disorder
- Other conditions that may be a focus of clinical attention, except Medication-Induced Disorders

A beneficiary may receive services for an excluded diagnosis when an included diagnosis is also present

12

Older Adult Behavioral Health Characteristics

The older adult population presents with some specific age related issues in mental health:

- developmentally – issues of loss, integrity, life review
- multiple medical issues
- multiple medications
- decreased physical mobility
- Financial hardship – loss of home – loss of independence

13

Characteristics Continued

- Cognitive impairment
- Memory loss
- Substance abuse (prescription drugs)
- Increased vulnerability to abuse/victimization
- decrease in ability to care for self
- Increased social isolation

14

Examples of Older Adults with Behavioral Health Problems referred to OAS

- 72 y/o divorced male abusing alcohol and progressively declining over the past year referred by ER after falling in home.
- 68 y/o woman with delusions and paranoia, accusing family members of stealing her personal belongings, refusing help.
- 65 y/o female exhibiting manic behaviors, severe anxiety; claims to be nocturnal and a practicing witch; harassing neighbors; manager wants to evict her from her apartment

15

Examples of Older Adults with Behavioral Health Problems referred to OAS (cont'd)

- 75 y/o female, assaulted by substance abusing son who wanted her SSI check, depressed, not eating.
- 80 y/o male, widowed, is anxious and depressed, not eating, weight loss of 20 lbs in 2 months.
- 62 y/o female, multiple ER visits and two psychiatric hospitalizations in past 12 months due to depression and suicidal ideations.

16

Examples of Older Adults with Behavioral Health Problems referred to OAS (cont'd)

- 70 y/o male, foreclosure risk, suicidal, history of giving money to lottery scam
- 74 y/o female, is suddenly and unusually disoriented, not speaking clearly, has multiple medical problems.
- 3 elderly sisters, each with medical problems, living in squalid conditions, appliances not working, all refusing help.

17



Viera Hillis, PHN III, and Dan Conditt, LCSW, strategize before conducting a joint home visit at a motel.

18

Clients Served in 2011

	AMHS SHOPP	START	Recovery	PACT	sum
Standard Referrals	506	76	250	54	886
Emergency/Urgent (5150) Referrals	158				158
Roll-over from 2010	98	30	263	23	414
Total Clients Served	762	106	513	77	1458
Emergency/Urgent (5150) Referrals	158= 23% of 664 AMHS SHOPP Referrals received in 2011				

Referral Sources in 2011

239	Adult Protective Services	23%
145	Family Member	13%
27	Senior Service Organization	3%
17	Health Organization	2%
70	Medical Hospital	7%
14	Psychiatric Hospital	1%
49	HCA Public Health	5%
78	Self Referral	8%
6	Housing	0.5%
50	Police/Sheriff	5%
16	Friend/Neighbor	2%
115	HCA AMHS Clinics/Programs	11%
49	HCA AMHS OAS Programs	5%
149	Other	14%
6	QRT	0.5%
1045	Total	100%

Initial Diagnosis

Initial Diagnosis	All OAS Programs	AMHS SHOPP		
Depressive D/O NOS	397	312	Cognitive D/O NOS	33 32
Delusional Disorder	132	118	No Diagnosis/Data Missing	33 24
Major Depressive Disorder	87	14	Adjustment D/O	27 12
BiPolar I	70	24	Alcohol Abuse	5 0
Schizophrenia	62	18	Amnestic D/O NOS	4 4
Psychotic D/O NOS	61	43	Mood D/O due to medical condition	3 2
Mood D/O NOS	58	39	General Anxiety D/O	3 0
Anxiety D/O NOS	53	38	Panic D/O w/out Agoraphobia	2 1
Obsessive Compulsive Disorder	39	32	Somataform D/O NOS	2 2
Unspecified Mental Disorder	35	35	PTSD	2 0

Presenting Problems

Presenting Problem	Amount
Depression/Anxiety	661
Psychosis	425
Medical Issue	400
Self Neglect	229
Medication Adherence	279
Confusion	181
Environmental Risks	146
Family Conflict	198
Substance Abuse	123
Homeless Risk	165
Caregiver Stress	107
Trauma	14
total	2914

22

Residential Health/Safety Hazards

2004	128
2005	118
2006	123
2007	217
2008	268
2009	185
2010	157
2011	146
running total	1342

23

County of Orange Health Care Agency
 Behavioral Health
 Adult Mental Health Services
 Older Adult Services

**AMHS SHOPP, START,
 Recovery, OAS PACT**

(714) 972-3700

24
